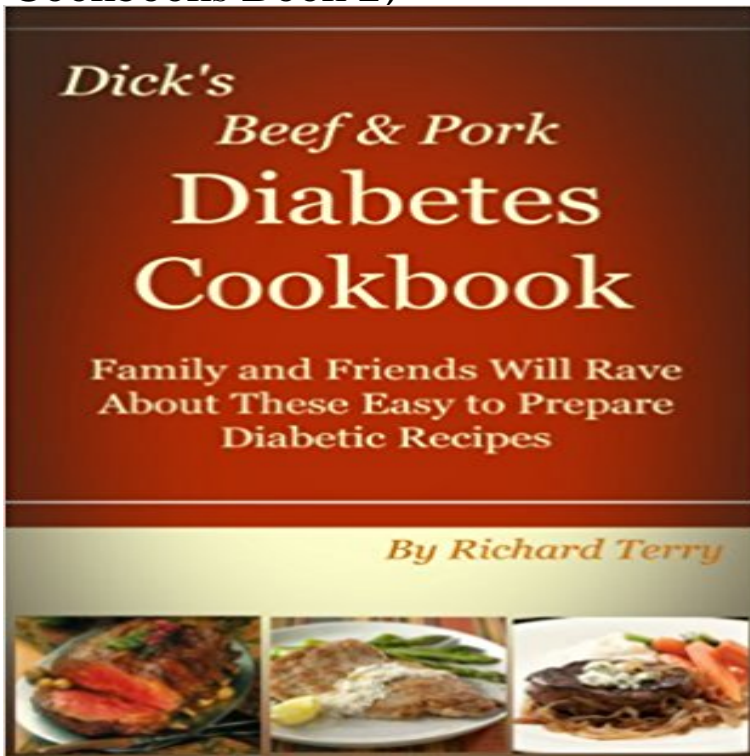


Dicks Beef & Pork Diabetes Cookbook: Family and Friends Will Rave About These Easy to Prepare Diabetic Recipes (Dicks Diabetes Cookbooks Book 2)



Are You Looking for a Diabetes Cookbook with Recipes the Entire Family Will Enjoy? Dicks Beef & Pork Diabetes Cookbook was specifically created to meet this need. Just because you are a diabetic it does not mean that you have to have a diabetic menu that is dull and tasteless. The author, Richard Terry is an accomplished home cook and is a diabetic. He or one of his cook friends has selected and tried the recipes in this diabetes cookbook and can attest to their good taste.

Here are some examples of the great recipes in the book that taste great and are still right for a diabetic diet: Samples of the Delicious Diabetic Recipes Apple Glazed Pork Roast Beer-Grilled Chops Fruit-Stuffed Pork Loin with Dijon-Garlic Crust Steak Diane with Cremini Mushrooms Greek Beef Kabobs with Cucumber Salad Crusted Sirloin Tip Roast with Horseradish Sauce In addition we have several bonus Lamb recipes that are simply delicious. Have a glass of wine with your meal If you thought you would have to give up having a glass of wine now that you are a diabetic, then guess again. The America Diabetes Association recently released a report that says having a few drinks is O.K., as long as you limit the amount and you have it with food. They have some other suggestions on being safe with alcohol consumption. The Mayo Clinic confirmed this report. The good news is you can have a glass of wine with your delicious meal and not feel like you are cheating. Each of the books diabetic recipes is accompanied by a wine suggestion to help you pair your meal with a wine. Your family and friends will be pleasantly surprised to see that the meal you have prepared includes a nice glass of wine. Meals are easy to prepare and includes selected side dishes The recipes in the book are easy to follow so that even a novice cook can prepare a delicious meal with no concern about the difficulty. The

author has included his personal comments to help you select a meal that fits your diabetic meal plan. At the end of each recipe there is a listing of the nutritional information and dietary exchanges. No meal is complete without good side dishes and salads. Each recipe also has suggested sides that have been selected by the author. Order now and be an accomplished home cook tonight If you want more information about Dicks Beef & Pork Diabetes Cookbook, scroll up to the top and click on the look inside tap next to the cover. Better yet, scroll up and click on the buy now button on the right side and enjoy a great diabetic recipe of beef or pork tonight. You'll be glad you did.

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